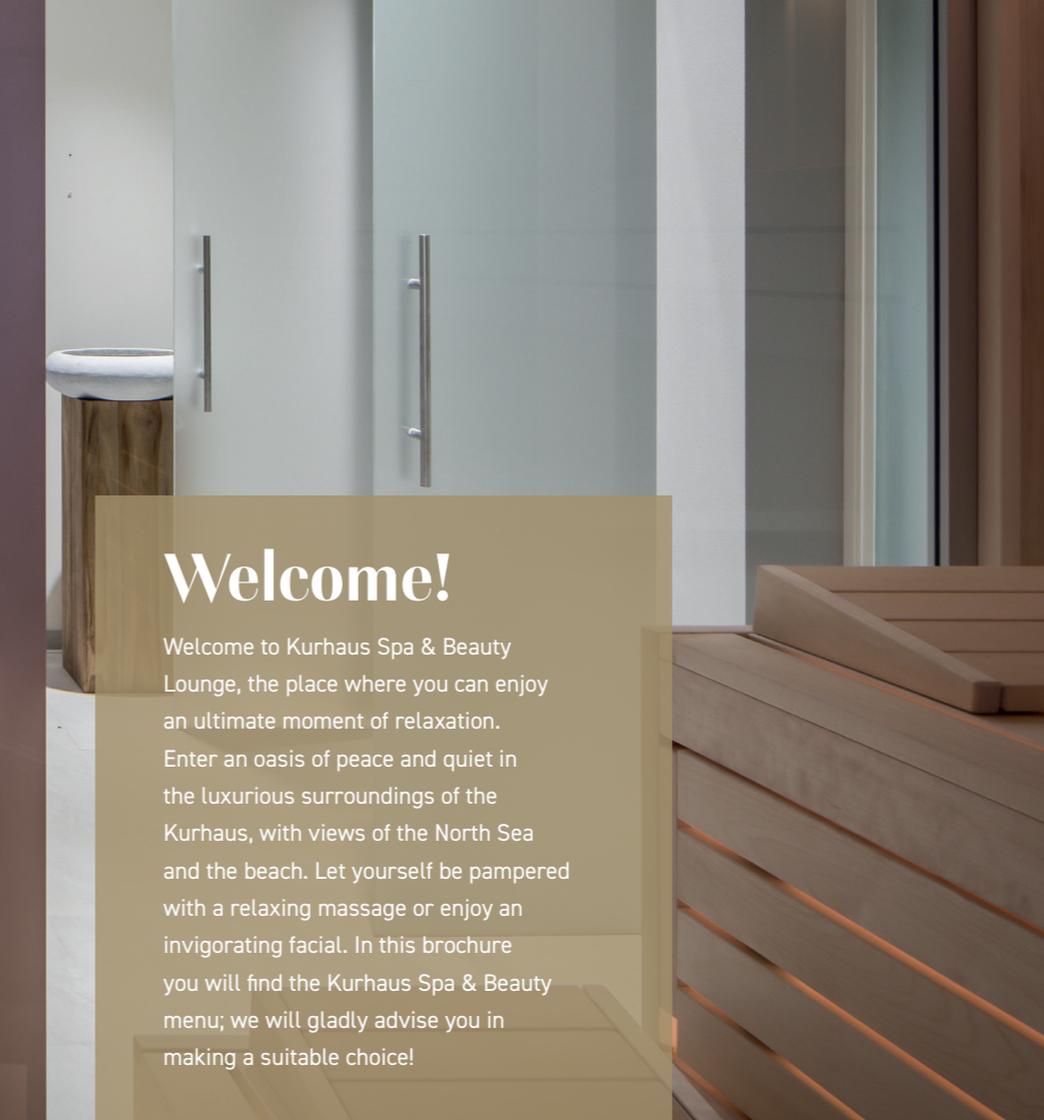




Endless Relaxation in a World of Luxury by the Sea

Grand Hotel Amrâth Kurhaus



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Welcome!

Welcome to Kurhaus Spa & Beauty Lounge, the place where you can enjoy an ultimate moment of relaxation. Enter an oasis of peace and quiet in the luxurious surroundings of the Kurhaus, with views of the North Sea and the beach. Let yourself be pampered with a relaxing massage or enjoy an invigorating facial. In this brochure you will find the Kurhaus Spa & Beauty menu; we will gladly advise you in making a suitable choice!



Opening hours

Monday to Sunday
 07:00 - 10:00 Family hours
 10:00 - 13:00 Oasis of Tranquility, 18+
 13:00 - 20:00 Family hours
 20:00 - 23:00 Oasis of Tranquility, 18+

Treatments

Monday to Sunday
 09:30 a.m. | 21:30 p.m.

Entrance & Prices

Day entrance pool, sauna & fitness	€ 23,-
Entrance kids up to 3 years	free
Entrance kids 3 to 12 years	€ 16,50
10 visit entry card pool, sauna & fitness	€ 195,-
Year membership pool, sauna & fitness	€ 650,-
Towel set rental (1 bathrobe + 2 towels)	€ 16,-
Rental towel	€ 4,-
Rental bathrobe	€ 8,-
Amrâth slippers	€ 10,-

Bathrobe, towels and slippers

Bringing your own bathrobe, towels and slippers is allowed. You can also rent the towel set from us. Slippers are only for sale.

Facilities

- Heated swimming pool
- Finnish sauna
- Steam sauna
- Infrared sauna
- Cool-off
- Terrace with sea view
- Lovely sun beds
- Fitness

Wearing swimwear is mandatory everywhere. Children are allowed in the pool and can use the saunas from the age of 12 under adult supervision. Children aged 16 and over are welcome in the fitness center.



Gift Cards

No gift inspiration? With the Amrâth gift card you have a fun and original gift in hands! Nice to give and to receive. On the gift card a self-chosen amount can be placed between € 5 and € 250. The amount can be spent in one or more visits.

» Order now
www.amrathhotels.nl/en/giftvouchers





Beauty Package

Let yourself be carried away into a world of fragrance and relaxation with this luxurious Beauty Arrangement, where aromatherapy takes centre stage. Enjoy the delightful Thalgo facial treatment, Heart of the Ocean, fully tailored to your skin type. A soothing Aroma Therapy massage completes this indulgent experience. Subtle scents of essential oils and gentle, flowing massage movements create a moment of pure relaxation.

- Welcome with coffee or tea
- Use of bathrobe, towel and slippers
- 60 min. Heart of the Ocean Facial Treatment by Thalgo*
- 55 min. Aroma Therapy massage
- Receive Smoothie with sweets after the treatment
- Use of shower gel and shampoo
- Spa Facilities included

**Source Marine Facial for dehydrated skin / Pureté Marine Facial for oily skin/Cold Cream Marine Facial for sensitive skin.*

€ 245,- per person

Release Package

Experience an ancient Ayurvedic tradition with this energizing head massage. Targeted pressure point techniques and gentle circular motions relax the head and neck, quickly restoring balance to your body and mind.

- Welcome with coffee or tea
- Use of bathrobe, towel and slippers
- 35 min. Indian head massage
- Receive Smoothie with goodies after the treatment
- Free use of shampoo and shower gel
- Spa Facilities included

€ 117,50 per person





Relax Package - Detox Xperience

"A refreshing reset: detox, revitalize, and renew"

Stimulates the natural detox process and the body's restorative ability.

Stylish reception with a refined detox drink and homemade delicacy.

- Use of bathrobe, towel and slippers
- Culinary luxury lunch, carefully crafted by our chef
- Detoxing Smoothie
- Ginger, sugar, salt are some of the ingredients used in this Active Full Body Detox treatment (55 minutes)
- Detoxifying Spirulina Boost, a facial treatment aimed at counteracting skin aging (55 minutes)
- Access to our wellness facilities

The result: A light, fresh, and reborn feeling, with radiant skin.



€ 265,- per person

Relax Package - Vitality Xperience

"Experience pure vitality and renewed energy"

A revitalizing experience focusing on energy recovery, stimulation of circulation, and alternating warm and cold treatments.

You will be welcomed with a sparkling drink and a refined culinary delicacy.

- Use of bathrobe, towel and slippers
- Luxury lunch with balanced flavors
- Vitalizing Smoothie
- Ginger peeling and a Vita Aroma massage inspired by Ayurveda (55 minutes)
- "Spirulina Boost" 60-minute vitalizing facial
- Access to our wellness facilities

The result: A fresh appearance, increased energy, and inner strength.

€ 265,- per person

Relax Package – Relaxation Xperience

"Let go of the world for a moment and immerse yourself in pure tranquility"

This package is all about relaxation and harmony.

- Use of bathrobe, towel and slippers
- Warm and elegant reception
- Soothing drink and delightful treat
- Culinary lunch in a serene setting
- Healthy smoothie
- Calming elements from the renowned body treatment Thalgo Îles Pacifique (55 minutes) – with gentle exfoliating scrub – wrap – massage
- 'Pure' or 'Silicium' hydrating, relaxing facial (50 minutes)
- Access to our wellness facilities

The result: Deep relaxation, inner balance, and a sense of luxurious well-being.

The Relax Package must be booked at least 4 days in advance due to the delivery of fresh ingredients.

€ 265,- per person



Wellness Massage

Just forget everything and completely unwind with a soothing Wellness massage. This massage is characterized by slow, gentle caresses and stretching with the aim of a pleasant relaxation. With the massage therapists you are certainly in good hands when it comes to a classic relaxing massage.

🕒 25 min 35 min 55 min

💰 € 52,50 € 64,50 € 89,-

Indian Head Massage

This Indian head massage is a deeply soothing treatment for anyone experiencing a busy or overloaded mind. Gentle, rhythmic massage techniques focus on the head, neck, and shoulders, helping built-up tension to gradually release. Tight shoulders, a blocked neck, and pressure in the head are reduced, which may also ease the onset of headaches. After the treatment, you feel deeply relaxed, clear, and restored to balance. A moment of calm for both body and mind.

🕒 25 min 35 min

💰 € 49,50 € 57,50

Deep Tissue Massage

Deep Tissue Massage is a powerful way to restore balance to your body. Let your "energy flow" improve with the deep slow massage techniques.

🕒 25 min 35 min 55 min

💰 € 57,50 € 69,50 € 90,-

Aroma Therapy Massage

Dream away with this relaxing massage. You will be massaged with delicious aromatic oils of your choice. The delicious scented oils have a beneficial effect on the body & mind and provide the skin with nourishing substances.

🕒 25 min 35 min 55 min

💰 € 57,50 € 69,50 € 92,50

Hotstone Massage

Experience the warmth of volcanic stones in combination with massage grips. During this massage your body is brought to a total state of relaxation. This massage is performed with black basalt stones formed from hot volcanic lava, after which they have been lying in riverbeds for centuries.

🕒 35 min 55 min

💰 € 79,50 € 97,50



Deeply Nourishing Hand Massage

A hand massage is relaxing for your hands and a nice way to reduce any pain. A hand massage can contribute to overall body relaxation and good circulation.

🕒 20 min

💶 € 35,-



Deeply Nourishing Foot Massage

A foot massage increases blood flow and activates the energy flows and nervous system. You will find that not only your feet but your entire body becomes wonderfully relaxed and energized.

🕒 20 min

💶 € 39,50



Iles Pasifique Ritual

Imagine yourself on a relaxing trip to sunny islands. Start with a delicious exotic body scrub, followed by the Mahana massage with heated sandbags, Polynesian massage techniques and a wonderful scalp massage. After the Mahana massage you will feel completely relaxed. We finish the treatment with a fragrant body oil with a slightly shiny effect.

🕒 90 min

💶 € 129,50

Mer des Indes Ritual

Enjoy a wonderful body treatment that travels through various Eastern countries. You'll begin with a ginger body scrub, followed by a deep-penetrating massage. Using Ayurvedic techniques, the massage releases energy blockages. We'll conclude the treatment with a Silky Smooth Balm for silky-soft skin.

🕒 90 min

💶 € 129,50

Body Wraps

Let your body be pampered with a nourishing and deeply relaxing body wrap, fully tailored to your personal needs. Depending on the desired effect, the treatment and products are carefully selected. The body is enveloped in nourishing ingredients such as algae, clay, or mud, wrapped in foil and gently kept warm. This luxurious treatment deeply cleanses, nourishes, and hydrates the skin, stimulates circulation, and supports the elimination of toxins. A moment of profound and complete relaxation to fully unwind.

Natural Marine Body Wrap

🕒 30 min

💶 € 79,50

Body Scrub

Thalgo has developed a complete line of body scrubs. During this exfoliating body treatment you will enjoy a wonderful cleansing and aromatic scents!

Exotic Island Body Scrub

Exotic sand, sea salt, Monoi and Jojoba oil

🕒 30 min

💶 € 62,50

Ginger Body Scrub

Boost your energy with the warming power of ginger. This invigorating body scrub combines the exfoliating benefits of sea salt and sugar with finely ground ginger powder for an intensive exfoliation.

Dead skin cells are gently removed, circulation is stimulated, and the skin immediately feels fresh and renewed.

The result is a silky-smooth, soft skin with a healthy glow – the perfect pick-me-up for both body and senses.

🕒 30 min

💶 € 62,50





Facials

Every skin is different and requires a different approach. Our facials are specified for different skin types. Based on the treatment and the high-quality Thalgo products, we bring your skin back into balance.

Illuminating Radiance Facial

For tired skin

🕒 30 min

💶 € 69,50

Heart Of The Ocean Facial

For dehydrated, combination, oily, or sensitive skin

🕒 60 min

💶 € 97,50

**Based on a personal skin analysis, the products are carefully tailored to the specific needs of your skin.*

Tint & Shape

You can expand any Thalgo facial treatment by adding one or more supplements. The supplements can only be booked as extras and not as standalone treatments.

Eyebrow Tinting	€ 19,50
Eyebrow Tinting & Shaping	€ 32,50
Eyelash and Eyebrow Tinting	€ 22,50
Shaping	€ 29,50
Eyelash Tinting	€ 19,50

Anti-aging Treatments

The anti-age facials are focused on the special needs of aging skin in different age categories. Our anti-aging treatments work by hydrating, strengthening and lifting one's skin and wrinkles forming by using high-quality Thalgo products.

Hyalu-pro Collagène Ritual

🕒 60 min

💶 € 97,50

35-40 years

Exeption Marine Ritual

🕒 90 min

💶 € 122,50

50+

Silicium Super Rich Ritual

Discover the lifting power of the sea with the Silicium Lift Facial. This firming anti-ageing facial treatment uses marine ingredients that support, strengthen, and enhance the skin's natural radiance.

Combined with specialised lifting techniques and an intensive shot mask infused with a lifting serum, the skin becomes visibly smoother, firmer, and plumper. An effective treatment that perfectly balances deep relaxation with visible skin improvement.

🕒 75 min

💶 € 117,50



Manicure Deluxe

Manicure Deluxe

Nail cleaning, filing, polishing and hand cream. Treatment includes cuticle care and hand and forearm massage.

🕒 35 min

💶 € 59,50

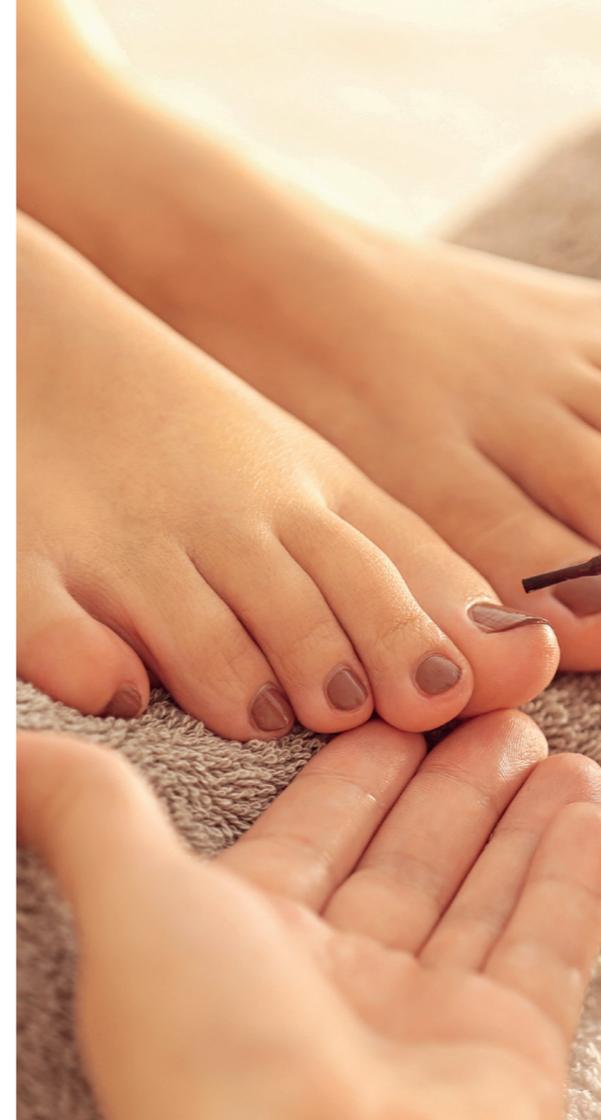
- Manicure Deluxe + Infinite Shine | 55 min. € 87,50
- Manicure Deluxe + OPI GelColor | 65 min. € 97,50

Do you still have gel polish on your natural nails? If so, please mention this when booking your treatment.

Removing gel polish* takes extra time and we charge extra for this (€10,-).

**Gel nails, Acrylic nails, PolyGel, Biab or other nail styling other than just gel polish on natural nails can unfortunately not be removed.*

Do you not mention it? Then we can not guarantee that we have enough time for the entire treatment and it will be shortened. If the treatment does not continue because of this we are unfortunately forced to charge the cost of the treatment anyway.



Pedicure Deluxe

Pedicure Deluxe

Nail cleaning, filing, cuticle care, foot exfoliation, callus removal, nail polishing and lower leg massage with caring foot cream.

🕒 35 min

💶 € 59,50

- Pedicure Deluxe + Infinite Shine | 55 min. € 89,50
- Pedicure Deluxe + OPI GelColor | 65 min. € 99,50

Do you still have gel polish on your natural nails? If so, please mention this when booking your treatment.

Removing gel polish* takes extra time and we charge extra for this. (€10,-)

**Gel nails, Acrylic nails, PolyGel, Biab or other nail styling other than just gel polish on natural nails we can unfortunately not remove.*

Do you not mention it? Then we can not guarantee that we have enough time for the entire treatment and it will be shortened. If the treatment does not continue because of this we are unfortunately forced to charge the cost of the treatment anyway.



Relax during your pregnancy

The first 3 months of your pregnancy

We advise against a sauna visit in all situations during the first three months of pregnancy. Your body is extra vulnerable during these elevated temperatures and this can affect the development of the baby.

The last 6 weeks of your pregnancy

If you visit the sauna regularly, you can visit the sauna. Do you want to cool down? Then do this in the shower or with a cooling hose.

Sauna rules during your pregnancy

- Do not use the infrared sauna.
- Do not use saunas with high temperatures (90-95°C).
- Cool down well, drink enough and take a long rest period.
- Do not stay in the sauna for more than 10 minutes.
- Are you in doubt? Always contact the obstetrician.

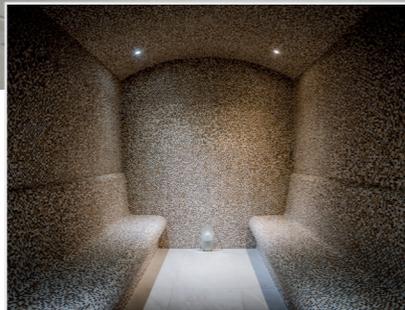
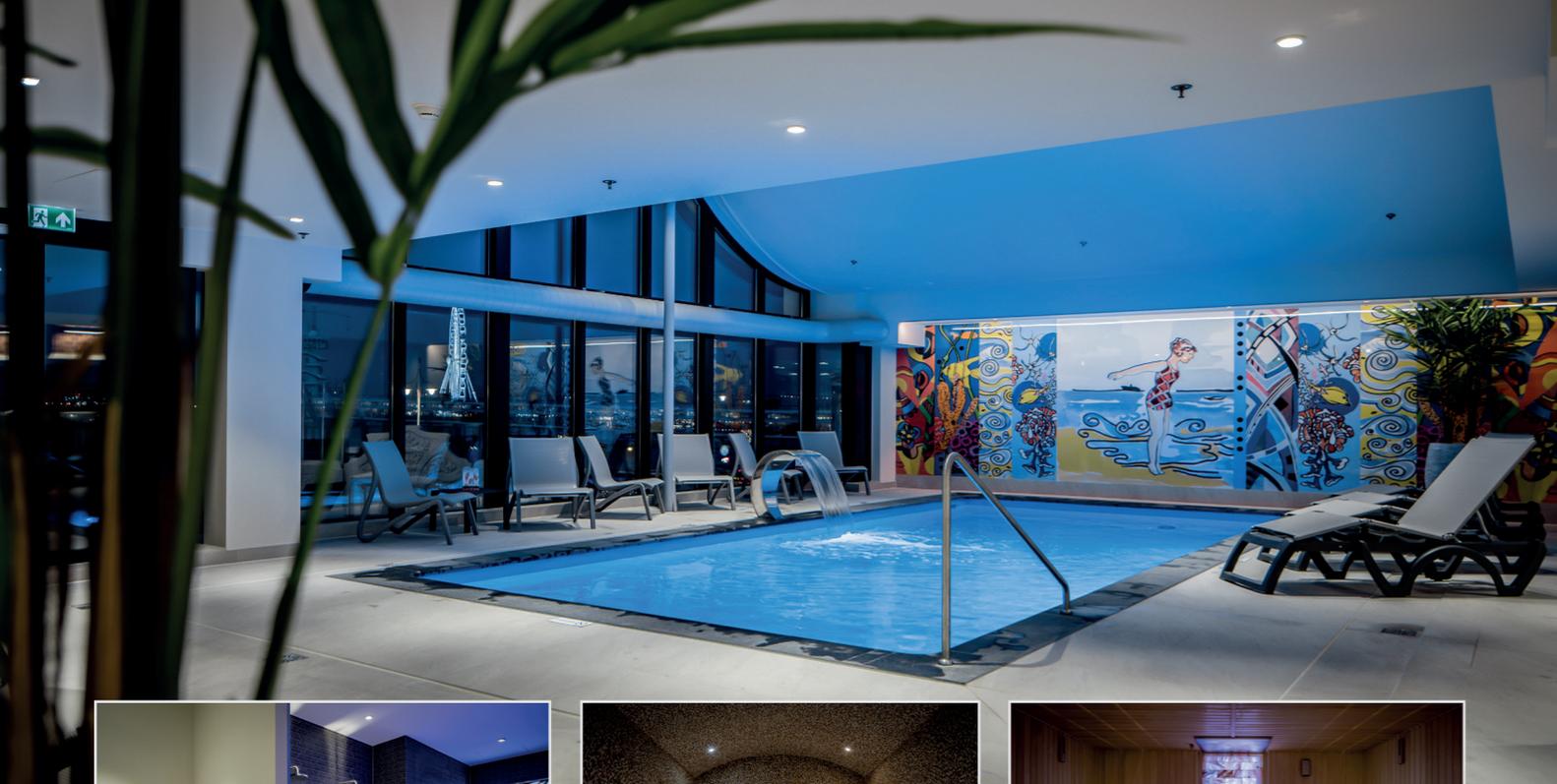


Treatments during pregnancy

When you are pregnant it is not possible to undergo all massages, partly because you can no longer lie on your full stomach. The following treatments are suitable during pregnancy.

- Indian Head Massage 25 + 35 min.
- Illuminating Radiance Facial 30 min.
- Heart Of The Ocean Facial 60 min.
- Eye treatments Standard + Deluxe.
- Polish OPI Infinite Shine + Gelcolor (hand and/or foot).
- Manicure Classic with Infinite Shine or Gelcolor.
- Pedicure Classic with Infinite Shine or Gelcolor.

Always inform the specialist if you are pregnant. We also ask you to bring a written approval from your obstetrician that you can and may undergo the treatment.



Grand Hotel Amrâth Kurhaus

Location

Grand Hotel Amrâth Kurhaus is located on the boulevard of Scheveningen with beautiful views of the North Sea. The hotel offers paid parking on site or in one of the nearby parking garages.

Wellness

The Kurhaus Spa & Beauty is located on the sea side of the hotel. For hotel guests the wellness is accessible with the room key. Day guests can make a reservation for access to the Wellness facilities.

Rooms

Grand Hotel Amrâth Kurhaus has 270 rooms in different room types. A large part of the rooms offers sea view and a balcony.

Relax & Stay overnight

Superior rooms (land- or sea view)

- ↗ 20-25 m²
- 👤 2 persons
- ☕ Nespresso machine
- 🪴 Desk
- 🛏 2x Single bed
- 📶 Free Wi-Fi
- 🔒 Safe
- 🔗 Connecting rooms

Executive kamers (land- or sea view)

- ↗ 25 m²
- 👤 2 persons
- ☕ Nespresso machine
- 🪴 Desk
- 🛏 2x Single bed
- 📶 Free Wi-Fi
- 🔒 Safe
- 🏠 Balcony

Suites and hotel packages

For an extra luxurious stay is it possible to book one of our suites or a fully catered hotel package. For more information please contact us.



Book your treatment
+31(0)70 222 37 60
spa@amrathkurhaus.com

*Free cancellation of massages / treatments can be done up to 24 hours before the start, otherwise Spa & Beauty is forced to charge this.
Prices or subject to changes and printing errors reserved.*

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