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## **OPENING HOURS**

Check our website for the current opening hours. www.amrathkurhaus. com/spa-en-beauty

### **TREATMENTS**

Monday through Thursday and Sunday 10:00 | 18:00 Friday and Saturday (on request) 10:00 | 20:00

# **ENTRANCE** & PRICES

Day entrance pool, sauna & fitness
Entrance kids up to 3 years
Entrance kids 3 to 12 years
10 visit entry card pool, sauna & fitness
Year membership pool, sauna & fitness
Rental bathrobe, towel
Slippers

#### **BATHROBE, TOWELS AND SLIPPERS**

Bringing your own bathrobe, towels and slippers is allowed. You can also rent the towel set from us. Slippers are only for sale.





## **FACILITIES**

Heated swimming pool Finnish sauna

Steam sauna

Infrared sauna

Cool-off

€ 21.-

free

€ 15.-

€ 180.-

€ 600.-

€ 12.-

€ 7.50

Terrace with sea view

Lovely sun beds and lounge seating

Fitness

Wearing swimwear is mandatory everywhere. Children are allowed in the pool and and can use the saunas from the age of 12 under the supervision of an adult.

# FRIENDS OF AMRÂTH To show our appreciation

To show our appreciation for visiting our Amrâth hotels, you can participate for free in our Friends of Amrâth loyalty program. Besides many benefits, 5% of your total spending on individual room reservations, restaurant, bar and/or wellness visits, will be assigned to your exclusive membership card.

» Become a friend of Amrâth now via www.amrathhotels.nl/ friendsofamrath



**GIFTCARDS** 

No gift inspiration? With the Amrâth gift card you have a fun and original gift in hands! Nice to give and to receive. On the gift card a self-chosen amount can be placed between € 5 and € 250. The amount can be spent in one or more visits.

» Order now www.amrathkurhaus.com/ giftcard or buy your giftcard directly at the reception.

## **PACKAGES**



#### **RELEASE PACKAGE**

- Reception with coffee, tea and a treat
- A 35 minutes Indian head massage
- Choice of juice or smoothie after treatment
- Free use of saunas and swimming pool
- Free use of shampoo and shower gel
- Free use of bathrobe, towel and slippers



- Reception with coffee, tea and a treat
- Choice of Manicure Deluxe or Pedicure Deluxe of 65 min.
- Painting of hand or foot nails with O.P.I GelColor\*
- Choice of juice or smoothie after treatment
- Free use of saunas and swimming pool
- Free use of shampoo and shower gel
- Free use of bathrobe, towel and slippers
- \*We recommend not to go into the water 30 minutes before the treatment



#### **BEAUTY PACKAGE**

- Reception with coffee, tea and a treat
- A 60 minutes of Thalgo Facial Treatment\*
- A 55 minutes Aroma massage
- Choice of juice or smoothie after treatment
- Free use of saunas and swimming pool
- Free use of shampoo and shower gel
- Free use of bathrobe, towel and slippers
- \* Source Marine Facial for dehydrated skin / Pureté Marine Facial for oily skin / Cold Cream Marine Facial for sensitive skin



## **MASSAGES**

In consultation with your massage therapist, the massage can be specially tailored to your wishes.



#### WELLNESS MASSAGE

Just forget everything and completely unwind with a delicious wellness massage. This massage is characterized by slow, gentle caresses and stretching with the aim of a pleasant relaxation.

(L) 25 min 35 min 55 min

€ 42,- € 54,- € 78,-



#### INDIAN MASSAGE

Does this sound familiar in times of stress: stuck shoulders, a neck that is blocked and pressure on the head. With this Indian massage you will feel completely reborn.

(L) 25 min 35 min

€ 46,- € 58,-



#### **HOT STONE MASSAGE**

Experience the warmth of the volcanic stones in combination with massage grips. During this massage your body is brought to a total state of peace and tranquility.

35 min 55 min

€ 58,- € 83,-



#### DEEP TISSUE

A powerful way to bring back the balance in your body. Deep, slow massage techniques improve the socalled 'energy flow'.

(L) 25 min 35 min 55 min

€ 46,- € 58,- € 83,-



#### AROMA THERAPY MASSAGE

Dream away and let your thoughts run free with this nounshing massage. You will be massaged with delicious aromatic oils of your choice.

### nourishing

© 25 min 35 min 55 min

€ 46,- € 58,- € 83,-



#### SWEDISH MASSAGE

The Swedish massage is wonderful for everyone who wants to have everything kneecuted again. This massage helps to keep the body in shape.

(L) 25 min 35 min 55 min

€ 52,- € 65,- € 88,-

8





## **SPECIAL TREATMENTS**

#### ILES PASIFIQUE RITUAL

Imagine yourself on a relaxing trip to sunny islands. You start off with a delicious exotic body scrub. Then followed by the Mahana massage with heated sandbags. Polynesian massage techniques and a wonderful scalp massage. After the Mahana massage you will feel completely relaxed. We conclude the treatment with a fragrant body oil with a slightly shiny effect.

90 min

€ 122

## INDOCÉANE RITUAL

Enjoy a wonderful body treatment that travels through different Eastern countries. To start of you will enjoy a purifying body scrub from the Mediterranean. Then followed by a deep-tissue Indian massage. With the ayurvedic grips and the activating balm, the massage ensures the release of the energy blockages. We complete the treatment with a Chinese body wrap for silky smooth skin.

#### PRODIGE DES OCEANS **FACE & BODY RITUAL**

The Prodige des Oceans ritual invites you to experience an exceptional moment in which high-quality products and technical expertise are combined with pure luxury. You will experience an ultimate relaxing moment for your face and body.

Please note that this treatment need to be reserved two days advance.

(L) 90 min

**€** 128

(L) 150 min € 228,-

**THALGO** LA BEAUTE MARINE

Seawater and algae have been given medicinal properties for centuries; they are used to care for and relax the skin. This science forms the basis of the French spa brand Thalgo. Grand Hotel Amrâth Kurhaus has a wide range of body and facial treatments that have anti-aging, slimming, detoxifying, moisturizing and soothing properties.

# BODY TREATMENTS

Imagine yourself in an oasis of tranquility and complete your wellness experience with a body treatment. Grand Hotel Amrâth Kurhaus offers a wide range of nurturing and relaxing treatments; a real treat for your body!

#### **EXPRESS MARINE SLIMMING TREATMENT**

Draining and detoxifying body treatment against cellulite including algae body wrap and leg massage.

- (L) 45 min
- € 59,-

**EXPRESS MARINE DRAINING** 

TREATMENT

Slimming treatment with algae body wrap and massage on the problem areas.

- (L) 45 min
- € 59,-

#### **HIGH PRECIOUS BODY** SHAPING TREATMENT

Slimming body treatment with an oxygen pack and an effective anticellulite massage.

- (L) 45 min
- € 68,-

#### **3 ALGAE MARINE TREATMENT**

An algae pack consisting of 3 types of algae, followed by a body massage of the back and legs.

- (L) 45 min
- € 67-

#### **COLD CREAM MARINE BODY TREATMENT**

Body treatment that nourishes, softens and restores the skin. This treatment is concluded with a delicious body cream.

- (L) 60 min
- € 73,-

### MARINE PRELUDE TREATMENT

Body treatment with a peeling, dead sea body wrap and a delicious relaxation massage of the entire back.

- (L) 75 min
- € 79,-

#### FRIGITHALGO

Immediate comfort for heavy and tired legs. The legs feel light and cool after the treatment.

- (L) 45 min
- €) € 55,-

## **BODY SCRUBS** & WRAPS

#### PINK SAND SCRUB

This pink scrub with a subtle smell, exfoliates the skin in a mild manner and the cleans at the same time.

(L) 30 min

€ 55,-



#### **SWEET AND SAVORY BODY SCRUB**

A delicious combination of sea salt, cassonade sugar and vegetable essential oils. Vegan

30 min

€ 55.-

## A. 在E. Share or

#### **NATURAL MARINE MUD WRAP**

Body scrub and wrap with mud from the Dead Sea, rich in minerals and trace elements

30 min

€

€ 55,-

#### **EXOTIC ISLAND BODY SCRUB**

A scrub of exotic sand, sea salt and coconut, combined with Monoi and Jojoba oil.

30 min

€)

€ 55,-

#### SILKY SMOOTH BODY WRAP

A hydrating body wrap that nourishes the skin, softens and restores.

30 min

€ 55,-

# **PREGNANCY TREATMENTS**

#### PREGNANCY TREATMENT BASIC

A nourishing cold cream body treatment including leg treatment for swollen and tired legs. The treatment will be concluded with a relaxing facial treatment.

70 min

€ 96,-

PREGNANCY TREATMENT DELUXE

A nourishing cold cream body treatment including leg treatment for swollen and tired legs, followed by a relaxing facial treatment. To conclude the treatment your hand or foot nails will be painted in a color of choice.

85 min

€ 108,-

These body treatments are suitable from the 4th up to and including the 9th month of pregnancy.





## **FACIALS** ANTI-AGE

The anti-age facials are focused on the special needs of aging skin in different age categories. Our antiaging treatments work hydrating. strengthening and lifting for the skin and wrinkles by using highquality Thalgo products. Your skin feels reborn!

#### SPIRULINE BOOST RITUAL

Cleansing, peeling, connective 30-35 tissue massage and treatment with different spiruline boost products (serum, fleece mask and cream)

60 min

€ 85.-

#### HYALU-PRO COLLAGÈNE RITUAL

Cleansing, peeling, connective tissue massage and treatment with different hyalu-pro collagène products (serum, fleece mask and cream)

60 min

€ 91,-

#### **EXEPTION MARINE RITUAL**

Cleansing, peeling, connective tissue massage and treatment with different silicium products (serum, fleece mask and cream).

SILICIUM SUPER LIFT RITUAL



Cleansing, peeling, connective tissue massage and treatment with different regenerating peptides and anti-age products (serum, fleece mask and cream).

75 min

€ 103,-

90 min

€ 127,-

#### ILLUMINATING RADIANCE FACIAL

Cleansing, peeling, mask, ampoule, massage and special day care products. For dull and/or tired skin.

30 min

€)

€ 43,-

#### **EXPRESS ANTI FATIGUE TREATMENT**

This treatment is for men with tired and / or dull skin. The treatment consists of a cleansing, scrub and anti-fatigue mask.

L 35 min € € 42,50

#### **HEART OF OCEAN FACIAL**

Cleansing, peeling, mask, ampoule, massage and special day care products. For dehydrated, combination, oily or sensitive skin\*

60 min

€) € 79.-

#### **OCEAN RITUAL FOR MEN**

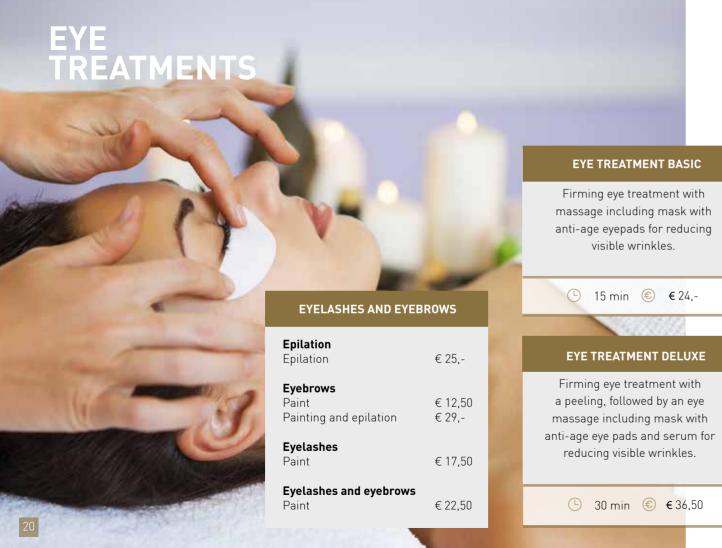
This treatment is for men with dry and / or sensitive skin. The treatment consists of a cleansing, scrub, mask and facial massage. The treatment will be completed with the application of a day care product.

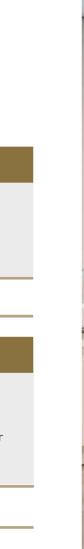
(L) 60 min (€) € 73,50

## **FACIALS SKIN HEALTH**

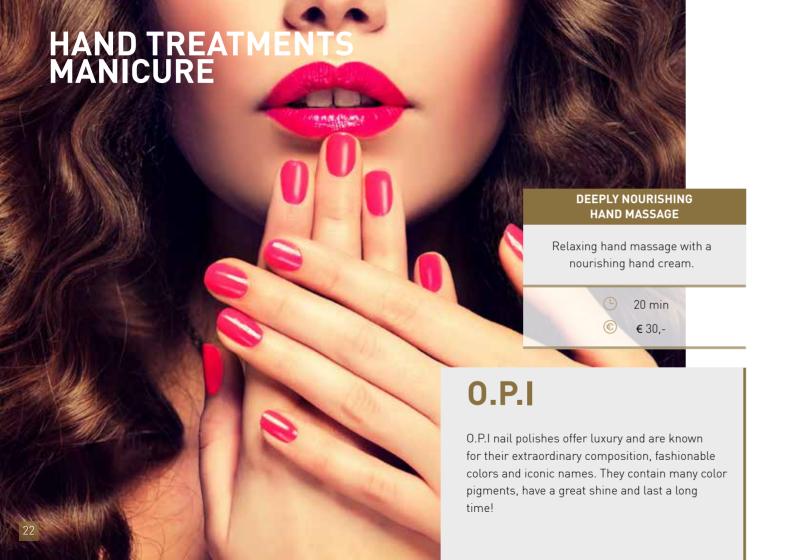
With our facials focused on skin improvement, your face gets all the attention it needs. The extensive care will restore your skin and restore the skins balance. After a treatment your face will feel soft and healthy and you will be relaxed and recharged again.

\*The beautician will look at your skin type on site and will tailor the treatment to it











#### POLISH O.P.I. GELCOLOR

Cleansing of the nails, shape filing and polish with O.P.I Gel Color.

30 min

€

€35,40

#### MANICURE CLASSIC

Cleansing of hands and nails, shape filing, cuticle care, polishing nails and a nourishing hand cream.

20 min

€ € 29,50

#### MANICURE CLASSIC INCLUDING **POLISH WITH INFINITE SHINE**

40 min

€ 51,-

#### MANICURE CLASSIC INCLUDING **POLISH WITH GEL COLOR**

50 min

€) € 63

#### MANICURE DELUXE

Cleansing of hands and nails, shape filing, cuticle care, polishing nails and a nourishing hand cream.

35 min

€ 41,50

#### MANICURE DELUXE INCLUDING PAINTING WITH INFINITE SHINE

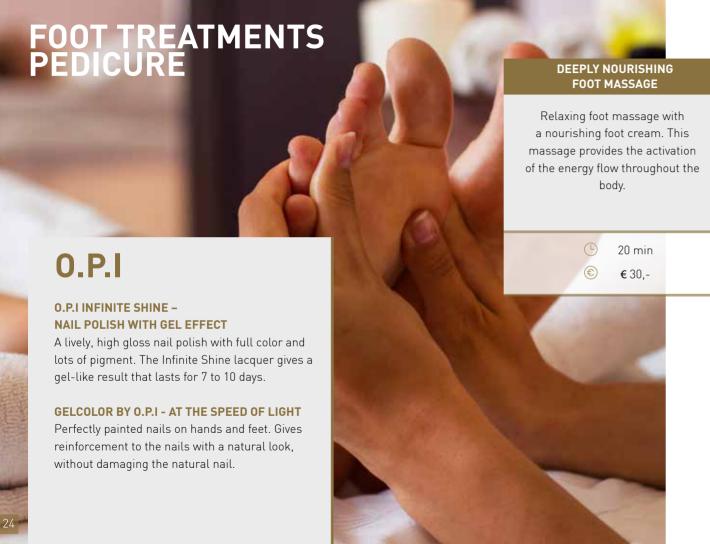
55 min

€ 61,-

#### MANICURE DELUXE INCLUDING **PAINTING WITH GEL COLOR**

65 min

€ € 75,-





### POLISH O.P.I. GELCOLOR

Cleansing of the nails, shape filing and painting of the nails with O.P.I Gel Color.

30 min

€ 35,40

#### PEDICURE CLASSIC

Cosmetic pedicure. Cleansing of nails, shape filing, cuticle care, polishing and massage with a nourishing foot cream.

25 min

€ 29,50

#### PEDICURE CLASSIC INCLUDING **PAINTING WITH INFINITE SHINE**

40 min

€) € 51.-

#### PEDICURE CLASSIC INCLUDING PAINTING WITH GEL COLOR

50 min

€ 63,-

#### PEDICURE DELUXE

Cosmetic pedicure. Cleansing of nails, shape filing, cuticle care, scrubbing of the feet, remove calluses, polishing and a nourishing foot and lower lag massage with a nourishing foot cream.

35 min

€ 41,50

#### PEDICURE DELUXE INCLUDING **PAINTING WITH INFINITE SHINE**

55 min

€) € 63.-

#### PEDICURE DELUXE INCLUDING **PAINTING WITH GEL COLOR**

65 min

€ 75,-





#### LOCATION

Grand Hotel Amrâth Kurhaus is located on the boulevard of Scheveningen with beautiful views of the North Sea. The hotel offers paid parking on site or in one of the nearby parking garages.

#### WELLNESS

The Kurhaus Spa & Beauty is located on the sea side of the hotel. For hotel quests the wellness is accessible with the room key. Day guests can obtain an access pass at the hotel reception.

#### ROOMS

Grand Hotel Amrâth Kurhaus has 270 rooms in different room types. A large part of the rooms offers sea view and a balcony.

## RELAX & STAY OVERNIGHT

#### SUPERIOR ROOMS (LAND- OR SEA VIEW)

≥ 20-25 m²

== 2x Single bed

Q 2 persons

Nespresso machine

Safe

Desk

Connecting rooms

#### **EXECUTIVE KAMERS (LAND- OR SEA VIEW)**

. № 25 m²

== 2x Single bed

2 persons

Nespresso machine

Safe

Desk

Balcony

#### **SUITES AND HOTEL PACKAGES**

For an extra luxurious stay is it possible to book one of our suites or a fully catered hotel package. For more information please contact us.

